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Kizomba fusion style workshop February 2024 Casa Bailar

What to expect?

“This course will give you an in-depth understanding and training in the fundamentals of kizomba fusion style. By building a solid foundation, you will have a better understanding of kizomba fusion style. There will be a good thorough explanation of in the common moves in kizomba fusion style, which in turn it will help you to be more confident social dancer.”

- There will be four classes each two hours total 8 hours on Mondays in the following dates: On 5th, 12th, 19st, and 26th, February 2024 from 17:45 – 19:45
 - Each class will start with the first fifteen minutes (15 minutes) in reflections, feedback and warming up.
1. Basic intro to different kizomba styles: To understand the concept of kizomba fusion style.
 2. Mastering turns: different turns variation, inside, outside, half, and push turn
 3. Hammerlock & cross body lead: It is a very fundamental move in other dance styles, which is emerged or infused, into kizomba dance, which is in turn lead the dancer irrespective of gender to different possibilities on the dance floor.
 4. Blocking: This is a very useful technique especially when it comes to interpretation of music or conducting the musicality.
 5. Romantic moves: It is applied during the slow-music or slow-start, some inspiration from zouk dance and other dance style.
 6. Different variation of women’s saida: Incredible useful move to colorful the dance scene as a social dancer.
 7. Wrap and roll.
 8. Left and right concept: What can be done on left side, it can easily be done on right side as well.
 9. Moves, tricks and tips in general.
 10. Putting everything together: At the last hour, we will try to sum up and try to implement all what we learned by using different music styles.